

21 Days of Prayer

Week 1

M

Day 1: Matthew 6:33

T

Day 2: Proverbs 3:5-6

W

Day 3: Exodus 20:3

T

Day 4: Luke 10:27

F

Day 5: Psalm 37:4

S

Day 6: Philippians 4:6-7

S

Day 7: Romans 12:1-2

Dive into the Word with us every day as we pray and fast together as a church family.

Prayer Activities



These activities can be done at any time during the week. They are meant to help your child grow deeper in their prayer life and faith.

Rooted In The Word

Pick a verse from this week and write it out three times. Then draw a picture of how you view this Scripture.

This will help your child memorize scripture and ensure they keep it in their mind and heart.

God First Jar

Have your child decorate a jar or cup. Each day, write down one thing they want God to help with (school, friends, fears, family) and place it inside the jar. Before bed, pick one paper and pray together, asking God to be first in that area.

This helps your child practice bringing everything to God and trusting Him first.

5-Finger Surrender Prayer

- Thumb: Thank God for who He is.
- Pointer: Ask God to guide your choices.
- Middle: Pray for courage to obey God.
- Ring: Pray for family and friends
- Pinky: Ask God to help you trust Him.

This helps your child learn how to pray in an easy, memorable way.

Fasting

This week, we are fasting from food. Fasting helps us create space to pray and listen to God by setting aside something we usually do or have. Pick one food or drink item to refrain from and pray that God speaks to you as you draw closer to Him.

This will help your child learn what fasting is and why we do it. Encourage them all week long to participate with you in this fast!